## WHAT IS CLAIMED IS;

1. Rhinologically active substances of the formula

$$R^{1}$$
  $O$   $\left\{\begin{matrix} R^{2} \\ C \end{matrix}\right\}_{X} R^{3}$ 

wherein

x is 0 or 1,

R<sup>1</sup> denotes an alkyl group having 1 to 4 carbon atoms,

R<sup>2</sup> denotes a methyl or ethyl group and

R<sup>3</sup> denotes a monocyclic carbon system having 5, 6, 7 or 8 carbon atoms that can be unsubstituted or substituted with further alkyl groups having 1 to 4 carbon atoms or alkenyl groups having 2 to 4 carbon atoms.

- 2. Rhinologically active substances according to Claims 1, wherein
  - R<sup>1</sup> denotes a methyl or ethyl group, and
  - R<sup>3</sup> denotes a monocyclic carbon system having 6 or 7 carbon atoms that can be unsubstituted or substituted with further alkyl groups having 1 to 3 carbon atoms and/or alkenyl groups having 3 carbon atoms.
- 3. Rhinologically active substances according to Claim 1, wherein said rhinologically active substances are selected from the group consisting of l-menthyl methyl ether, d-menthyl methyl ether, dl-menthyl methyl ether, menthyl ether, menthyl propyl ether, menthyl ether, isopulegyl methyl ether. 2-isopropylcyclohexyl methyl ether, isobutyl 2-isopropylcyclohexyl ethyl ether, 3,3,5-trimethylcyclohexyl methyl ether, 1-(3,3-dimethylcyclohexyl)ethyl ethyl ether, 1-(3,3-dimethylcyclohexyl)ethyl propyl ether,

1-(3,3-dimethylcyclohexyl)ethyl methyl ether.

4. Preparations having a refreshing activity comprising rhinologically active substances of the formula:

$$R^{1}-O-\left\{\begin{matrix} R^{2} \\ C \end{matrix}\right\}_{X} R^{3}$$

wherein

x is 0 or 1,

R<sup>1</sup> denotes an alkyl group having 1 to 4 carbon atoms,

R<sup>2</sup> denotes a methyl or ethyl group, and

R<sup>3</sup> denotes a monocyclic carbon system having 5, 6, 7 or 8 carbon atoms that can be unsubstituted or substituted with further alkyl groups having 1 to 4 carbon atoms or alkenyl groups having 2 to 4 carbon atoms.

5. Preparations having a refreshing activity according to Claim 4, where

R<sup>1</sup> denotes a methyl or ethyl group, and

R<sup>3</sup> denotes a monocyclic carbon system having 6 or 7 carbon atoms that can be unsubstituted or substituted with further alkyl groups having 1 to 3 carbon atoms and/or alkenyl groups having 3 carbon atoms.

6. Preparations having a refreshing activity according to Claim 4, comprising rhinologically active substances selected from the group consisting of l-menthyl methyl ether, d-menthyl methyl ether, dl-menthyl methyl ether, menthyl ether, menthyl propyl ether, menthyl isobutyl ether, isopulegyl methyl ether, 2-isopropylcyclohexyl methyl ether, 2-isopropylcyclohexyl methyl ether, 1-(3,3-dimethylcyclohexyl)ethyl ethyl ether, 1-(3,3-dimethylcyclohexyl)ethyl propyl ether, 1-(3,3-dimethylcyclohexyl)ethyl methyl ether.

- 7. Preparations having a refreshing activity according to Claims 4, wherein said preparations comprise 0.0001 to 10% by weight of said rhinologically active substances.
- 8. An oral care compositions comprising preparations having a refreshing activity comprising rhinologically active substances of the formula

$$R^{1}$$
  $O$   $C$   $C$   $X$   $R^{3}$ 

wherein

x is 0 or 1,

R<sup>1</sup> denotes an alkyl group having 1 to 4 carbon atoms,

R<sup>2</sup> denotes a methyl or ethyl group, and

- R<sup>3</sup> denotes a monocyclic carbon system having 5, 6, 7 or 8 carbon atoms that can be unsubstituted or substituted with further alkyl groups having 1 to 4 carbon atoms or alkenyl groups having 2 to 4 carbon atoms.
- 9. An oral care compositions according to Claim 8, wherein said oral care composition is a toothpaste.
- 10. An oral care compositions according to Claim 8, wherein said oral care composition is a mouthwash.
- 11. An oral care compositions according to Claim 8, wherein said oral care composition is a chewing-gum.
- 12. A food product comprising preparations having a refreshing activity comprising rhinologically active substances of the formula.

Atty Docket No. 3968.088

$$R^{1} - O - \left\{ \begin{array}{c} R^{2} \\ \downarrow \\ \downarrow \\ H \end{array} \right\} R^{3}$$

wherein

x is 0 or 1,

R<sup>1</sup> denotes an alkyl group having 1 to 4 carbon atoms,

R<sup>2</sup> denotes a methyl or ethyl group, and

R<sup>3</sup> denotes a monocyclic carbon system having 5, 6, 7 or 8 carbon atoms that can be unsubstituted or substituted with further alkyl groups having 1 to 4 carbon atoms or alkenyl groups having 2 to 4 carbon atoms.

13. Tobacco products comprising preparations having a refreshing activity comprising rhinologically active substances of the formula.

$$R^{1} = O = \begin{bmatrix} R^{2} \\ C \end{bmatrix} \times R^{3}$$

wherein

x is 0 or 1,

R<sup>1</sup> denotes an alkyl group having 1 to 4 carbon atoms,

R<sup>2</sup> denotes a methyl or ethyl group, and

R<sup>3</sup> denotes a monocyclic carbon system having 5, 6, 7 or 8 carbon atoms that can be unsubstituted or substituted with further alkyl groups having 1 to 4 carbon atoms or alkenyl groups having 2 to 4 carbon atoms.

14. Confectionary products comprising preparations having a refreshing activity comprising rhinologically active substances of the formula

$$R^{1}$$
  $O$   $\left\{\begin{matrix} R^{2} \\ C \end{matrix}\right\}_{X} R^{3}$ 

wherein

x is 0 or 1,

R<sup>1</sup> denotes an alkyl group having 1 to 4 carbon atoms,

R<sup>2</sup> denotes a methyl or ethyl group, and

R<sup>3</sup> denotes a monocyclic carbon system having 5, 6, 7 or 8 carbon atoms that can be unsubstituted or substituted with further alkyl groups having 1 to 4 carbon atoms or alkenyl groups having 2 to 4 carbon atoms.

15. Pharmaceutical preparations having a refreshing activity comprising rhinologically active substances of the formula

wherein

x is 0 or 1

R<sup>1</sup> denotes an alkyl group having 1 to 4 carbon atoms,

R<sup>2</sup> denotes a methyl or ethyl group, and

R<sup>3</sup> denotes a monocyclic carbon system having 5, 6, 7 or 8 carbon atoms that can be unsubstituted or substituted with further alkyl groups having 1 to 4 carbon atoms or alkenyl groups having 2 to 4 carbon atoms.

Novel acyclic ethers selected from the group consisting of isopulegyl methyl ether, 1-(3,3-dimethylcyclohexyl)ethyl ether, 1-(3,3-dimethylcyclohexyl)ethyl propyl ether and 1-(3,3-dimethylcyclohexyl)ethyl methyl ether.